



"It's always good to have a rest after a hard mornings work."

CEO MESSAGE



Welcome to the March edition of Horizons!

This month our creeks are full, and our gardens are lush after all the rain - I hope you have been keeping dry and safe.

You may notice a development theme as you read on:- an update on the Community Centre Recreation Area and an interesting article on the foreshore at Gosford Waterfront. I am also pleased to advise that we have issued a request for tender for the new lift at the Lodge which we expect will be completed before Christmas. Further updates will be provided in due course.

If you are free on Friday 20th March between 3.00pm and 6.00pm, please join us for an afternoon of Wine, Cheese and Live Music in the Community Centre! The invitation is open to residents, families, friends and community members who are part of our village or interested in finding out more. Visitors will be able to take a tour of the village and several units will be open for display. Staff and partner organisations will be on-hand to answer questions regarding retirement living contracts, financial arrangements, and ways to take the pain out of moving.

***Wishing you all a happy St Patricks day on Tuesday 17th March!
I hope you find a pot of gold at the end of a rainbow!***

Warm Regards, Helen



The NEW Outdoor Recreation Area

The new Outdoor Recreation Area is shaping up nicely with the sandstone edging in place.

Completion is expected at the end of-March.

There will be a Resident's Vs Staff Lawn Bowls Tournament in early April so stay tuned for more information!

INSIDE THIS ISSUE

- > March Activities
- > Great Recipe for March
- > Birthday Celebrations

- > Missing Word
- > Laughing Out Loud
- > Resident Committee Update

BROADWATER SENIORS SOCIAL DAY CLUB MARCH

Every Thursday 10am
Community Centre
Evergreen Life Care

5th March BUNNINGS

Come and enjoy some craft today with Alison from Bunnings.

12th March CHOCOLATE BINGO

19th March BUS TRIP - TBA



26th March COUNTRY & WESTERN THEME

Snowy will be in to entertain us..

We are at Yallambee Village Community Centre, at Evergreen Life Care, on Thursdays only. All welcome.
Our weekly price is \$10 (unless otherwise stated) which includes a lovely morning tea, our home cooked lunches, and of course our wonderful entertainment.

LAYCOCK THEATRE
MORNING MELODIES

"OLIVIA!" The Ultimate Tribute.

In a career spanning decades, Australia's favourite daughter Olivia Newton-John has sold over 100 million records, making her one of the world's best-selling music artists of all time.

Join Donna Watson-Boyd for an electrifying performance of music and fun, as she and her band The XanaDudes create a musical tribute to Olivia Newton-John's record-breaking career. Donna is an award-winning international artist who has paid musical tribute to Olivia Newton John on stages in Australia and America, in performances where audiences said the vocal similarities were astonishing.

Donna and her band The XanaDudes, a five-piece band of world class professional musicians in their own right, meticulously recreate music from Olivia's #1 Hit CDs.

Featuring the hits: Physical, Hopelessly Devoted, Xanadu, Grease, Totally Hot, Let Me Be There, Jolene, A Little More Love, You're the One That I Want and many more!

Don't miss this high-energy musical tribute to our much-loved Aussie icon, featuring the hits of a career spanning the '60s, '70s and '80's.

Wednesday 8th April – Bus Departing 9.45am

Tickets \$20.00 – Meals at own cost

Please book at Reception as tickets are limited.



Save the date.

**LODGE MAY FAIR
Saturday 2nd May**

ALBERT CAMUS

“Autumn is a second spring
when every leaf is a flower.”

Mangroves.

A vital part of Brisbane Water ecosystem.



At Evergreen, we are surrounded by Mangroves. These lovely trees are a vital part of the ecosystem on Brisbane Water.

The Mangroves protect the shorelines from damaging storms and winds, waves and floods. Mangroves also help prevent erosion by stabilising sediments with their tangled root systems. They also maintain water quality and clarity, filtering pollutants and trapping sediments originating from land.

Mangrove forests provide safe nesting and feeding sites for herons, egrets and other birds. Biologists have recorded more than 230 species of birds flitting

through Australian mangroves, and while only eight or nine species are restricted to mangroves in the Wet Tropics, the many other species visit and depend upon the mangroves for food, nesting or shelter.

Mangroves are also home to lots of snakes and spiders, flying foxes and a favourite spot for saltwater crocodiles to tuck into for a rest and to look for food. All in all, biologists have found that mangrove forests are one of the most important habitats in the world.

EVERGREEN LIFE CARE

OPEN INVITATION

Friday 20th March – 3pm – 6.00pm

YALLAMBEE VILLAGE COMMUNITY CENTRE

Yallambee Village will be hosting an afternoon of Wine, Cheese and Live Music for Residents, Friends, Families and members of the Local Community! Units will be open for inspection and tours of the Village will be available!



VILLAGE ACTIVITIES

2nd March - 10.30am - 12pm
Flower Arranging with Carmen
Community Centre
Cost \$10.00.

7th March - 11.00am
Residents BBQ
Community Centre
BYO food and drinks.

11th March – 11.30am
Breakers Country Club
Meals at own cost

14th March - 8.30am
Aitken's In the Round
Cost: \$15.00
Lunch at Glenbrook Bowling Club
Meals at own cost

15th March – 2.00pm
Movie showing on the Big Screen
Community Centre
BYO popcorn

18th March
Day at the Movies - TBA

25th March - 11.30am
Mingara Recreation Club
Meals at own cost

27th March – 5.00pm
Happy Hour
BYO plate plus gold coin donation

28th March – 11.00am
Budgewoi Soccer Club
Meals at own cost

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REGULAR ACTIVITIES

Saturday Morning Tea

10.30am Every Saturday morning in the Community Centre. Come along and meet fellow residents in the village. Gold coin donation. All welcome.

Podiatrist - Friday 13th March

Community Centre (Appointment only)
Please Book on 4349-2302

Fruit & Vegie Day

Wednesdays from 11am. Fruit, vegie's and eggs available at the Community Centre

Residents BBQ

Saturday 7th March - 11am
Bring your own food and beverage and sense of humour. Come along and join in meeting other residents in the village.

'KLOP'S' - Every Wednesday

10am - 12 Noon. End of Driveway J
Come along and have some fun. Bring a hat and water bottle. Walker friendly.

Beginners Art Classes - Every 2nd & 4th Wednesday of the month.

10-12 Noon Community Centre. Come and meet Peter and learn a new hobby.

Indoor Bowls - Every Tuesday starting at 2pm.

Come and have a game or two and try your hand at indoor bowls in the Community Centre..

Community Restaurant Meals On Wheels

Every Friday starting at 10am
Come along to the Community Centre for fun and games or if you would just like a meal come around 11.30am for only \$12.00 and see Lorraine and her many helpers.

Happy Hour

Friday 27th March, 5pm.
Bring a small plate plus a gold coin donation. Come along and enjoy the company of fellow residents in the Village.

Gentle Exercises

Due to lack of numbers Exercise Classes have been put on hold for the time being.

Fresh Seafood - Fridays 11.30am

'Joe the Fisho'. Say hi to Martin who will be driving through the village selling fresh seafood.

Gosford Library details and Broadwater Social Day Club on Calendar.

OUT AND ABOUT IN THE VILLAGE

Artificial Flower arranging with Carmen.

Well done Ladies!



Cruising on the Riverboat Postman



OUT AND ABOUT IN THE LODGE



We were lucky to have the beautiful Ashley give up her time to sing Opera for us.

This was the 1st time we have had an Opera singer, the Residents loved her performance and are looking forward to her return. Some of the comments were "I've got Goosebumps", "It was so beautiful it made me cry" and "It was the best performance we have ever had".

Elvis was in the house.



HAPPY MARCH BIRTHDAY to all these wonderful residents!

4th Daphne Arkle
6th Vivienne Eagle
Robin King
7th Atioko Lenkovic
12th Margaret Wales
13th Jean O'Conner
14th Fi Fi Kavanagh
16th Heather Seigal
17th Pat Bintley
25th Lurline Stewart
27th Shirley Jones
29th Mary Bryant
Sheila Roberts
Charlie McIntosh
30th Pat Hill



"Thank You".

Thank you to our Residents, Family and Staff for your generous donations to our Fire Appeal.

We raised a grand total of **\$290.35** which will be donated to the New South Wales Rural Fire Service.



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MARCH IN THE LODGE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1.30pm MOVIE The Thrill of it all Starring Doris Day in the Main Lounge	2 9.30am Move & Groove 10am Word Games 11am Walkiing Grp 2pm Bingo in the Main Lounge	3 9.30am Move & Groove 10am Millionaire Quiz 11am Walking Grp 2pm Craft Group Sock Octopus in the Main Lounge	4 9.30am Resident's Meeting in the Main Lounge 11am Music, Music Music 2pm Wacky Wednesday Wine & Cheese Tasting in the Main Lounge	5 9.30am Move & Groove 10am Church 10am Millionaire Quiz 2pm Lavender Blue in Mari Ma	6 9.30am Move & Groove 10am Word Games 12pm Secret Men's Business BBQ in the Gazebo 2pm Ice Cream Trip	7 1.30pm Armchair Travel with the Leyland Brothers in the Main Lounge
8 1.30pm MOVIE Penny Serenade Starring Cary Grant in the Main Lounge	9 9.30am Move & Groove 10am Word Games 11am Walkiing Grp 2pm Bingo in the Main Lounge	10 9.30am Move & Groove 10am Millionaire Quiz 11am Walking Grp 2pm Bunnings Craft in the Main Lounge 3.30pm Catholic Church	11 9.30am Move & Groove 10am Hot Seat Quiz 11am Music, Music Music 2pm Happy Hour with Julz in Mari Ma	12 9.30am Move & Groove 10am Church 10am Millionaire Quiz 2pm Bingo Game in the Main Lounge	13 9.30am Move & Groove 10am Word Games 11am Music, Music Music 12pm Golden Girls BBQ in the Gazebo 2pm Movie and Ice Cream in the Main Lounge	14 1.30pm Armchair Travel Beautiful British Coastlines in the Main Lounge
15 1.30pm MOVIE Rose Marie Starring Nelso Eddie in the Main Lounge	16 9.30am Move & Groove 10am Word Games 11am Walkiing Grp 2pm Bingo in the Main Lounge	17 ST PATRICK'S DAY 9.30am Pot of Gold in Mari Ma 11am Armchair Tour of Ireland 2pm St Patrick's Day Party in the Courtyard	18 9.30am Move & Groove 10am Hot Seat Quiz 11am Music, Music Music 2pm Wacky Wednesday St Patrick's Day Origin in the Main Lounge	19 9.30am Move & Groove 10am Church 10am Millionaire Quiz 11am Walking Group 2pm Bingo Game in the Main Lounge	20 9.30am Move & Groove 10am Word Games 11am Music, Music Music 11am Lunch at Bateau Bay Bowling Club	21 1.30pm Armchair Travel with the Leyland Brothers in the Main Lounge
22 1.30pm MOVIE The Jazz Singer Starring Neil Diamond in the Main Lounge	23 9.30am Move & Groove 10am Word Games 11am Walkiing Grp 2pm Bingo in the Main Lounge	24 9.30am Move & Groove 10am Millionaire Quiz 11am Walking Grp 2pm Craft Circle Flowers in the Main Lnge 3.30pm Catholic Church	25 9.30am Move & Groove 10am Hot Seat Quiz 11am Music, Music Music 2pm Wacky Wednesday The Origin of your name	26 9.30am Move & Groove 10am Church 10am Millionaire Quiz 11am Walking Group 2pm The Voice Squad in the Mari Ma	27 9.30am Move & Groove 10am Word Games 11am Music, Music Music 2pm Ice Cream Trip	28 1.30pm Armchair Travel Beautiful British Coastlines in the Main Lounge
29 1.30pm MOVIE By the light of the silvery moon in the Main Lounge	30 9.30am Move & Groove 10am Word Games 11am Walkiing Grp 2pm Bingo in the Main Lounge	31 9.30am Move & Groove 10am Millionaire Quiz 11am Walking Grp 2pm Craft Plastic Bottle Tree in the Main Lounge				

MARCH IN THE VILLAGE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1-5pm Cards	2 Bus to Gosford & West Gosford 10.30am Flower Arranging Cost: \$10.00 10-12pm Darts	3 Bus to Gosford & West Gosford 10am Scrabble 2pm Indoor Bowls	4 10am KLOPS 10am Crafty Critters Group	5 Bus to Gosford, West Gosford & Erina 10am Church	6 Bus to Gosford & West Gosford	7 10.30am Morning Tea 11am Resident's BBQ 1-5pm Cards
8 1-5pm Cards	9 Bus to Gosford & West Gosford 10-12pm Darts	10 Bus to Gosford & West Gosford 10am Dancing Grp Cost: \$5.00 10am Scrabble 2pm Indoor Bowls 3.30pm Catholic Church Communion in Chapel	11 10am KLOPS 10am Beginner's Art Classes 11.30am Breakers Country Club Meals at own cost	12 Bus to Gosford, West Gosford & Erina 10am Church	13 Bus to Gosford & West Gosford	14 8.30am Aitken's in the Round Cost: \$15.00 Glenbrook Bowling Club Meals at own cost 10.30am Morning Tea 1-5pm Cards
15 1-5pm Cards 2pm Movie showing on the Big Screen Community Centre	16 Bus to Gosford & West Gosford 10-12pm Darts	17 Bus to Gosford & West Gosford 10am Dancing Group Cost: \$5.00 	18 10am KLOPS 10am Crafty Critters Group MOVIES - TBA	19 Bus to Gosford, West Gosford & Woy Woy 10am Church	20 Bus to Gosford & West Gosford	21 10.30am Morning Tea 1-5pm Cards
22 1-5pm Cards	23 Bus to Gosford & West Gosford 10-12pm Darts	24 Bus to Gosford & West Gosford 10am Dancing Grp Cost: \$5.00 10am Scrabble 2pm Indoor Bowls 3.30pm Catholic Church Mass in the Chapel	25 10am KLOPS 10am Beginner's Art Classes 11.30am Mingara Recreation Club Meals at own cost	26 Bus to Gosford, West Gosford & Erina 10am Church	27 Bus to Gosford & West Gosford 12.20 - 12:50pm MOBILE BOOK LIBRARY 5pm Happy Hour Community Ctre <i>Small plate + Gold Coin Donation</i>	28 10.30am Morning Tea 11.00am Budgewoi Soccer Club Meals at own cost 1-5pm Cards
29 1-5pm Cards	30 Bus to Gosford & West Gosford 10-12pm Darts	31 Bus to Gosford & West Gosford 10am Dancing Group Cost: \$5.00 10am Scrabble 2pm Indoor Bowls	Mobile Book Library  Change of Day & Times Now ONCE A MONTH on a Friday. Between 12.20 – 12.50pm Across from driveway E.		Every THURSDAY from 10am Broadwater Social Day Club <i>Comm. Centre</i> <i>All Welcome</i> <i>Games + Meal</i> <i>Cost: \$10.00</i>	
WEEKLY EVENTS IN THE COMMUNITY CENTRE						
1-5pm Cards All Welcome	10-12pm Darts L. Wellington 4323 7911	10am Scrabble 2pm Indoor Bowls	10am KLOPS Driveway J	10am Broadwater Social Day Club Community Centre	10am Community Restaurant Meals on Wheels All Welcome	10.30-11.30am Morning Tea and Chat Cards 1-5pm All Welcome



New Fun Activity to Yallambee Village

Weekly Social dancing including Square, Round and Line Dancing.

These classes cater for anyone from 10 to 99 years.

Dancing is the perfect exercise for both body and mind.

Come and meet Wendy every Tuesday starting

10th March at 10am in the Auditorium.

Cost \$5.00

Ever-Bean Café

Yallambee Village
Community Centre

Café Opening Hours

Monday—Thursday
9.00am until 2.30pm

- ◆ Morning and Afternoon Tea
- ◆ Coffee
- ◆ Toasted and Fresh Sandwiches
- ◆ A Daily Lunch special

Please see the Chalkboards for details.



FROM THE YALLAMBEE VILLAGE RESIDENT'S COMMITTEE

President Carol Fraser opened the meeting Monday February 2nd, 2020.

Correspondence out to L and J D'Adam concerning luncheon. To Helen Wilson CEO seeking clarification in regards to dog rules and thanking Helen for her time and patience re problems passed on from committee.

Correspondence Received from Helen Wilson CEO.

1. The forum a big success and taking this opportunity to say thank you to the residents who attended and contributed to our findings. These findings will be published and made available to everyone.

2. Friendly reminder will go in the newsletter concerning dogs in the Community Centre and clean-up of dog waste.

3. New Security Camera.

The maintenance team are installing a trial camera to observe the roundabout at the end of the Village. This camera can be connected to our systems. If the trial is successful more of these cameras will be installed in the Village.

4. Copy of Quarterly Accounts attached.

Treasurers Report was read and received.

General Business

Our January Happy Hour was a happy get together with the new format regarding food and entry working well.

Several residents are worried about the close proximity of Casuarina trees to their homes. This matter to be dealt with independently of committee.

Are residents aware of a new Travel Card which has been issued by Services NSW. It was decided this information go in to our minutes

*Services NSW have introduced a new Travel Card. The 'Regional Seniors Travel Card' is a community transport

scheme, approved by the Minister for Regional Roads and administered by Transport for NSW. The RSTC delivers a \$250 prepaid card to eligible seniors in regional, rural and remote areas to be used towards the purchase of fuel and transportation services, such as taxi services and NSW Train Link train and coach services. A card worth having and residents can find out more about this prepaid card from the Internet, Services NSW or you can call 137788 for information.

The meeting closed at 3.20pm. President Carol thanked members for their input. The full minutes is posted on the notice board and if necessary, a copy can be obtained from reception.

Next meeting March 3.

After being rebuked by one of my friends for not wearing my Vital Call necklace I decided do a little survey amongst a few of our residents. I am really surprised at how many people do not wear the Vital Call necklace or watch whilst at home. How silly are we not to do so? It is so easy to have a fall, be unable to get up and here we have the advantage of having this great little tool at our fingertips. If we resided outside the Village it would cost us a fortune to have this safety device installed in our home. So, wake up fellow residents and like me - start wearing your necklace or watch while at home.

It is said that if you have a fall in the United States the ambulance man will feel for your wallet before feeling for your pulse.

Enjoy March everyone the first month of Autumn and thanks for listening.

Margaret

In Sympathy

Our thoughts and prayers go out to the family and friends of the late:

Marcia Kidd - YV

Sylvia Ramsden - YL

Beverley Carter - YL

Our sincere condolences.



LAUGHING OUT LOUD

DON'T MESS WITH OLD FOLKS.

The old lady handed her bank card to a bank teller and said, "I would like to withdraw \$500."

The teller told her, "For withdrawals less than \$5,000, please use the ATM."

The old lady then asked, "Why?"

The teller irritably told her, "These are rules. Please leave if there is no other matter. There is a queue behind you." She then returned the card to the old lady.

The old lady remained silent.

But then she returned the card to the teller and said, "Please help me withdraw all the money I have."

The teller was astonished when she checked the account balance. She nodded her head, leaned down and said to the old lady, "My apologies Granny, you have \$3.5 million in your account and our bank does not have so much cash currently. Could you make an appointment and come again tomorrow?"

The old lady then asked, "How much am I able to withdraw now?"

The teller told her, "Any amount up to \$300,000"

The old lady then told the teller that she wanted to withdraw \$300,000 from her account.

The teller did so quickly and handed it to the old lady respectfully. The old lady kept \$500 in her bag and asked the teller to deposit the balance of \$299,500 back into her account.

Don't Mess with old folks.

IN A PICKLE

My three-year-old daughter stuck out her hand and said, "Look at the fly I killed, Mommy." Since she was eating a juicy pickle at the time, I thrust her contaminated hands under the faucet and washed them with antibacterial soap.

After sitting her down to finish her pickle, I asked, with a touch of awe, "How did you kill that fly all by yourself?"

Between bites, she said, "I hit it with my pickle."



HAVE YOU ARRESTED HER?

A police officer jumps into his squad car and calls the station.

"I have an interesting case here," he says. "A woman shot her husband for stepping on the floor she just mopped."

"Have you arrested her?" asks the sergeant.

"No, not yet. The floor's still wet."



When my 85-year-old father was in the hospital, his doctor, trying to determine Dad's mental state, asked, "What gets you up in the morning?"

My father shrugged. "Probably the same thing as everyone. I have to go to the bathroom."

I once gave my husband the silent treatment for an entire week, at the end of which he declared, "Hey, we're getting along pretty great lately!"

As the hostess at the casino buffet showed me to my table, I asked her to keep an eye out for my husband, who would be joining me momentarily. I started to describe him: "He has grey hair, wears glasses, has a potbelly ..."

She stopped me there. "Honey," she said, "today is seniors day. They all look like that."



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MARCH BIRTHDAYS



Join us in wishing
Happy Birthday
to these wonderful residents.

- 2nd March**
Shirley Healy YV
- 3rd March**
Bill Nicol..... YV
- 4th March**
Bev Lane..... YV
Kaye Thompson..... YV
- 11th March**
Sheila Schofield..... YV
Anne Holohan YV
Andres Moreno YV
- 13th March**
June Ball YV
- 17th March**
Eddie Drummond..... YV
- 20th March**
Margaret Davidson YV
- 25th March**
Jim Howarth YV
- 26th March**
Carolyn Bunney..... YV
- 27th March**
Lorraine Hickey..... YV
Lambert Wellington YV
Enid Drummond..... YV
- 28th March**
Bernadina Heys YV
- 30th March**
Gladys Considine YV
- YV = Yallambee Village

1950s Songs

Find and circle all of the 1950s song titles that are hidden in the grid.
The remaining letters spell the title of an additional 1950s song.

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BLUEBERRY HILL

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CRAZY ARMS

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HEARTBREAK HOTEL

HONKY TONK

HOUND DOG

JAILHOUSE ROCK

KANSAS CITY

LA BAMBA

LONELY TEARDROPS

LONG TALL SALLY

MACK THE KNIFE

MANNISH BOY

MAYBELLENE

MISTY

MONA LISA

MOVE IT

MYSTERY TRAIN

NIGHT TRAIN

ONLY YOU

PEGGY SUE

RAVE ON

RED HOT

RIP IT UP

RUMBLE

SEARCHIN'

SHOUT

SIXTEEN TONS

SPEEDO

SUZIE Q

TAKE FIVE

TEQUILA

TUTTI FRUTTI

YAKETY YAK

YOU SEND ME

“Did You Know” Facts

One of the best things about learning something new is being able to share that knowledge with others. And while some facts are weird and wonderful and others are totally useless, there’s a whole category of trivia that is just so incredible you can’t resist asking everyone you meet “Did you know this?!”

These are the did you know facts that will fascinate you and your friends.

- Did you know grapes light on fire in the microwave?
- Did you know McDonald’s once created bubblegum-flavored broccoli?
- Did you know the average mammal takes 21 seconds to empty its bladder?
- Did you know chewing gum is banned in Singapore?
- Did you know lobsters have clear blood?
- Did you know the first item sold on eBay was a broken laser pointer?
- Did you know bubble wrap was originally invented as wallpaper?
- Did you know the longest place name in the world is 85 letters long?

Unfortunately, this is one of the did you know facts you probably can’t repeat to your friends—and that’s because it’s nearly impossible to pronounce.

Taumatawhakatangihangakoauauotamateaturipukakapikimaunga horonukupokaiwhenuakitanatahu:

is in New Zealand and is 85 letters long.

And when it comes to other super long place names, it’s followed by:

Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogoch: in Wales,

Chargoggagoggmanchauggagoggchaubunagungamaugg: in the U.S.,

Tweebuffelsmeteenskootmorsdoodgeskietfontein: in South Africa, and

Azpilicuetagaraycosaroyarenberecolarre: in Spain.

Welcome To Our New Resident

Stephanie Wilcox

Welcome to the Village, we wish you happiness in your new home.
Please do not hesitate to come and see the staff at the Community Centre if you require any assistance.



PEA OMELETTE WITH CRISPY BACON & TOMATO



INGREDIENTS

- 1 middle bacon rasher, trimmed, halved
- 5 cherry tomatoes, halved
- 2 teaspoons extra virgin olive oil
- 2 eggs
- 2 teaspoons chopped fresh chives
- 2 tablespoons frozen peas

METHOD

STEP 1

Heat a large frying pan over medium-high heat. Cook bacon and tomato in pan, turning, for 3 minutes or until bacon is golden and tomato is just starting to collapse.

STEP 2

Meanwhile, heat oil in a small 18cm (base) non-stick frying pan over medium-high heat.

STEP 3

Whisk eggs, 1/2 the chives and 1 tablespoon water in a small jug until well combined. Season with salt and pepper. Pour mixture into prepared pan. Using a wooden spoon, drag cooked egg from outer edge into centre. Tilt pan so uncooked egg comes into contact with base. Sprinkle with peas. Cook for 2 minutes or until egg is almost set.

STEP 4

Place bacon and tomato onto one half of omelette. Fold omelette over to enclose filling. Sprinkle with remaining chives. Serve.

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VISITING EVERGREEN
Wednesday
11th March

Gosford Waterfront Redevelopment



Works have started on Leagues Club Field on the waterfront in Gosford.

By working closely with the Gosford community, Central Coast Council and the Darkinjung Local Aboriginal Land Council, are creating a unique recreation destination that can be enjoyed by all, regardless of age and ability.

A key feature of the park is the tidal terrace, a water-play zone which connects to Brisbane Water to rise and fall with the tide. Imbued with local Indigenous design, this unique space brings the harbour into the park, promoting unstructured play while sharing the stories of the region's original inhabitants.

What will the park include?

The design of the park promotes nature play and allows users of all ages and abilities to absorb the site's rich history.

The innovative design of the tidal terrace will tell stories of nature and provide a unique experience with each visit. The Aboriginal art will celebrate the indigenous historical significance of this place. Key features of the park include:

- **Community node** – a space for the community to come together and meet, perform or just sit and relax
- **Ray Maher Field** – an open space area for informal sports and to host markets and larger events
- **Regional playground** – nature-based play areas including climbing equipment, a slide and tunnel, and natural obstacles
- **Tidal terrace** – enabling the connection with the Brisbane Water through the rise and fall of tidal water
- **Barbecue and picnic facilities, amenities block and a variety of seating options.**

Words and images taken from the Hunter and Central Coast Development Corporation.



MEET A VOLUNTEER

Les Blundell
Maintenance Team

What do you do at Evergreen?

I do garden maintenance, mainly in the Village.

How long have you been volunteering at Evergreen?

1 year.

What is your favourite part about being a volunteer here?

The gratitude from the residents is really rewarding.

It's a nice place to volunteer.

What do you in spare time when you're not volunteering?

I play music and I'm in a Blues Band.

I also enjoy bird watching and bush walking.

