

Dear Residents, Relatives and Friends,

Once again, I am pleased to advise that Evergreen remains COVID free, however, we remain on high alert due to the growing number of cases in aged care facilities in Victoria (over 800 cases), and the outbreaks closer to home in NSW. Fortunately, most of the cases have a known source; our greatest risk arises from undiagnosed cases in the community. For now, we are unaware of any cases on the Central Coast, so we will continue with our current visiting guidelines and precautions. A brief reminder:

Entry and Exit Guidelines

- All visitors and staff must use hand sanitiser on entry - before and after picking up the pen to sign in or out
- All visitors and staff must comply with screening requirements and flu vaccinations
- Anyone with fever $\geq 37.5^{\circ}\text{C}$ or respiratory symptoms, even mild, **is not permitted to enter** the Lodge or Community Centre. Please isolate at home and seek COVID-19 testing.
- Any visitors or staff who have been in the following locations in the previous 14 days **are not permitted to enter** the Lodge or Community Centre: **all of Victoria, Waverley, Woollahra, Randwick, the eastern part of City of Sydney, Parramatta, Fairfield, Liverpool, Campbelltown, Camden, Wingecarribee and Wollondilly**
- All visitors to the Lodge or Community Centre are required to wear a mask
- External visits are not recommended for residents except for essential appointments. Drives are still permitted, however both residents and drivers are asked to wear a mask and report any unforeseen risks for assessment.

More about Masks

- Please keep your mask on at all times while in the Lodge or resident rooms.
- Remember that a mask on its own is not enough protection. Other precautions of hand hygiene and social distancing remain essential.

You will notice this coming week that our staff will be wearing a combination of masks and face shields.

We are grateful to staff and visitors for the high level of cooperation we have experienced with use of masks over the last week. We appreciate that it takes a little time to adjust to face coverings, and there are some tricks to wearing them correctly which the attachment explains.

Should the risk of infection increase, we may need to change our visiting guidelines at short notice, so please keep an eye on our notices and contact reception if unsure.

Aged Care Employee Day

A reminder that Aged Care Employee Day is next Friday 7th August. I hope you all saw our Care Manager [Malo's lovely video](#) on Facebook. If you'd like to help us recognise the work our staff do, we are gratefully accepting:

- Short video messages – send to elenag@evergreenlifecare.org.au
- Messages on certificates (many displayed at the Lodge already) or
- We will have helium balloons on the day that you can write on!

Have a good week.

Kind Regards

A handwritten signature in black ink, appearing to read "Helen Wilson".

Helen Wilson

Chief Executive Officer